

Slide #1 (Title slide)

Good morning! ¡Muy buenos días!

Overview:

-Framework of my talk: my revised introductory Study Guide to the book Esoteric Healing, the fourth volume of the Treatise on the Seven Rays by the Tibetan Master D.K. written by Alice Bailey:

- to be released and covered in depth at the workshop this afternoon,
- aimed for the general public and health care providers,
- inviting them to read and study the original text.

-Outline of the talk this morning. I want to:

- State the problem of modern medicine, and
- the need for a new model.
- The laws of health for the new paradigm, and
- mention some proposed diagnostic and therapeutic tools.

- Also, I will introduce Agni Yoga as the language of the heart, useful in revealing, as well as in the practice, of this new model, as we attempt to *make sound from within*.

- Lastly, a word on the role of the wounded healer in all this.

Statement of the problem.

Despite the success of modern medicine in treatment of organic diseases: infectious (immunizations, antibiotics), surgery (prosthesis), genetics, pharmacology...

its problems are well known, among them:

- fragmented health care system where health is another commodity in a free market economy;
- overreliance on medications.

In the US, the percentage of adults reporting use of any prescription drugs increased from 50% to 60% in the last decade. Polypharmacy (use of five or more prescription drugs) increased significantly. And the reported increases are not explained by changes in the age distribution of the population.

- direct patient advertising by a corrupt pharmaceutical industry.

Holistic model of alternative medicine has its own problems. Speculative and unproven remedies in a mostly unregulated free market of services.

Modern medical practice is based on a reductionistic view of the human being. An iconic instance of this view is the reductionistic approach to the mind, viewing it as an effect of biochemical processes in the the brain.

Slide #2 (Feeling Good Handbook)

So, the abysmal failure of modern medicine in understanding and treating common mental illnesses, such as depression and anxiety.

WHY? Wrong model! Dr. Burns's experience of several decades successfully treating common psychiatric disorders with Cognitive Behavioral Therapy proves that the pharmacological model is at least incomplete, if not outright wrong. But psychiatrists don't have time to provide CBT, just for prescribing pills! Please don't blame them. I do not. They are also victims of a belief system and a flawed health care delivery system.

Objective: My objective this morning is to share with you my vision of a future scientific and spiritual medicine based on a radically new model of health and disease. I'm approaching the subject from the perspective of a physician researcher [Consumer Reports approach] aspiring to infuse scientific medicine with secular spirituality.

Slide #3:

What are the current leading causes of morbidity and mortality in developed countries such as the US?

[read slide]

Is there a General Framework for the Causes of Disease and Death that incorporate these leading causes, as well as providing a useful framework for this "future scientific and spiritual medicine" that we may associate with esoteric healing?

Slides #4-5-6: [read them]

Slide #7:

A CAUSAL Model:

AXIOM (paraphrasing Spinoza):

God is perfect.

The Soul is God "WITHIN", that is, immanent.

Therefore, one of the attributes of the Soul is perfect health.

**All disease is the result of INHIBITED Soul Life.
INHIBITED Soul Life = the ILLUSION of SEPARATIVE-NESS.**

A new model of the human **atom**: psychocentric.

Cold fusion in the chamber of the heart.

Modern medicine is still hung up on newtonian physics ~ biochemistry. Magic pills for everything. And they are effective in suppressing symptoms; but these symptoms are effects of hidden causes which remain untouched by modern medicine.

There are Laws of the Soul coexisting with the known Laws of Nature in the same way that there are Laws of Quantum Physics coexisting with the traditional physical laws of gravitation and electromagnetism. They formulate math relationships between matter and forces in fields of energy.

Relativistic correction needed: the (missing) soul factor (speed of light).

Slide # 8

Most of us are familiar with Assagioli's Psychosynthesis model [walk thru slide].

Slide # 9

A recent adaptation and further development of the Psychosynthesis model may found in Annie Marquier's book The Heart Revolution.

[walk thru slide METAPHOR: carriage, horse, coach person driving horse, owners

[The three P's (in Spanish), Fear (Panic), Pleasure and Power represent the 3-D of our lower consciousness (the three temptations). What are the higher correspondences?

R2: Fear ~ Light (of knowledge) ~ Technique of the Light ~ Buddha

R3: Pleasure ~ Goodwill (true impersonal love) ~ Technique of Indifference (to the maya of the senses) ~ Peace

R1: Power ~ Will-to-Good ~ Technique of the Presence (Agni Yoga, Mindfulness) ~ Synthesis]

Slide # 10

Sacred geometry is the contemplation and utilization of the archetypal geometric patterns of Nature for the purposes of spiritual communion and healing.

1. The point (the Monad) and the circle (its expression). The Soul, the Presence of the One.
2. Vesica Piscis. The fundamental duality of good and evil.
3. Consciousness Polarization Triangle. The reflection of the spiritual triad
4. The point of friction: 4th ray.
5. How the 2 (the point and the circle) relate to the 5 (the five bodies: causal, mental, astral, etheric, physical). 5 is the root of the math constant phi, cycles, spirals, labyrinths.
6. The numbers 6 = 9, reversed and flipped.
7. The 7 precipitations: the endocrine glands.
8. Death. Scorpio. Lemniscate. *Bounded* infinity (a concept dear to Spinoza).
9. 9 is the materially PERFECT number 6, spiritually transformed (inverted). Regeneration. 9 multiplied by any natural number: digits always add up to 9.
10. The first of a new set of laws related to the Monadic life, not the soul. The soul laws of healing are nine, thus the title of my talk.

Slide # 11

More generally, our esoteric **causal model** postulates the fact of the ONE (soul life = Monad). The Point (1) within the Circle (0). This causal model is made explicitly operational in the 7th Law of Healing: when life or energy flows unimpeded and through right direction to the endocrine glands (the 7 precipitations of the etheric chakras), then the form responds and ill health disappears. This 7th law summarizes the basic **operational model** of esoteric healing. Between the first and the seventh there are 5 contextualizing laws.

Let's enumerate them all.

1 The ONE (soul life = Monad). The Point (1) within the Circle (0).

2. Fundamental DUALITY (past evil, future good). The "Ancient Law of Evil Sharing." This must give place some day to that new "Law of Ancient Dominating Good."

3. Reflection of the spiritual triad (mental, astral or physical polarization/focus of consciousness). The unit TRIANGLES within the VP (square). As above (cause), so below (effect).

4. Point of Friction. Ray 4, harmony (triangle) through conflict (square). Musical tritone (dissonance).

FEAR (Anxiety leading to Depression by a psychological wasting syndrome). Mood swings (R4) produce friction. Friction dissipates energy (as heat). But friction also kindles a fire (fire by friction). Fog of combustion. Search for eco friendly renewable sources of energy.

Antidote of fear is love (Science of the Emotions).

<http://www.ngsm.org/agni-yoga/bd-sote.htm>

5. The Golden Section generating the Spiral of Life. Cycles. Right proportions (music). Two energies meet in man (the subtonic [F Mother Matter] and the tonic [C Father Spirit] and they are related by the Fifth, more precisely, by the circle of fifths. Other five energies are present (F-C-G-D-A-E-B) to complete the diatonic scale of the musical octave. **The two, the five and thus the seven, plus that which they produce, possess the** (alchemical) **secret** (of the right proportions of sound and silence). This is the fifth Law of Healing within the world of form.

6. The numbers 6 = 9, reversed and flipped. The sun (9) and the moon (6). The secret of light and darkness.

7. The 7 precipitations of the chakras are the endocrine glands. When life or energy flows unimpeded and through right direction to its precipitation (the related gland), then the form responds and ill health disappears. Modern drug therapies (HRT, DM, MDD, GAD).

This law summarizes the basic operational model of esoteric healing.

Slides # 12 -13: DIAGRAMS [walk thru 7 laws, glands as the pivot and why modern medicine is stuck in that point of precipitation of the soul's energies (biochemistry as a cause vs intermediate factor in the true causal chain).

Slides # 14 - 15: My vision of the future of medicine. New Dx tools; New PREVENTIVE and Rx approaches.

Slide # 16: transition slide. Geometry - Music - Heart (JB 2014 USR)

My approach: music (just intonation) as an expression of the language of the heart.

Slide # 17:

Ethical dilemmas

Slide # 18: VBA

How do we reveal this new model to the world? VBA advice to in use the language of the heart.

Labyrinths of the heart and of the mind.

Slide # 19: Agni Yoga

Second Ray approach to Agni Yoga and music

Agni Yoga and the Rules of Esoteric Healing (requirements of the healer).

Practice of the Presence (AAB-DK) and Radiatory Healing.

Three successful outcomes in esoteric healing.

Slide # 20 (The wounded healer)

A last word, and a song, on healers and their wounds, and what they can do for love, without regrets.

The wound, the *healing* wound, is both our weakness and a key for our way out from the labyrinth of pain. A wound drags us down, true, but it's also our organ of compassion. Only then can we really and personally *feel* the purifying flame of pain, burning in ourselves and (vicariously) in others, and pledge to forever abide by the rule of love, which is forgiveness.

What we ultimately do for love is to forgive; the sacrifice of the self, rendered harmless in giving forth, giving birth to the tomorrow, leaving behind the scars of regret. And this, healing *without scars*, healing *from within*, as the snake does in shedding its skin, is a vital initiatory experience that we never forget in our hearts, even if our brain does forget.

Final Slide (# 21)

We experiment the sweetness and the sorrow of our attachments and their inevitable wounds.

We experience the pain of disappointments, as the unreal reveals the real.

We express the ever forgiving love of the immortal Life abiding in the true Self.

Experiment, Experience, Express: these three words summarize the Path of the Prodigal Son and Daughter, as well as the right approach to the Laws and Rules of Esoteric Healing.

Thank you!

Slide # 22 (where to get the slides)

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